

2021/2022

# Annual Report



Community Mental Health  
and Substance Abuse Services  
of St. Joseph County

# Executive Summary

---

## Who We Are

Sometimes life can become difficult. Day-to-day stress and pressure can be intensified by the complexity of today's world. Reactions to stress are sometimes only apparent through outward symptoms such as depression, unusual behavior, or physical problems.

When the support of family and friends just isn't enough, professional help can be the answer. Community Mental Health & Substance Abuse Services of St. Joseph County is ready and willing to help you and your loved one through the time of need. Our comprehensive mental health programs offer a wide range of confidential services for children, teens, adults, and seniors. During the 20-21 Fiscal Year CMHSAS-SJC served 1,849 unique individuals.

## Our Vision

Our Vision is to enhance the lives of the citizens we serve by providing a range of individualized mental health, substance abuse, wellness and recovery services.

## Our Mission

Our Mission is Community Mental Health and Substance Abuse Services of St. Joseph County will be the premier behavioral health care agency providing an excellent system of care for citizens in need by focusing on wellness and recovery.

## **Certified Community Behavioral Health Center CCBHC**

October 1<sup>st</sup>, 2021 allowed Community Mental Health and Substance Abuses Services of St. Joseph County (CMH & SAS SJC) to be able to expand their service to better serve the community as a whole.

As a past history lesson, Michigan is a carve out state, and CMH's are tasked with provided and serving the 10% most severe Mentally Ill and Disabled. We were funded via capitation from the state based on the number of eligible Medicaid members from within the county. This caused CMH's to not be able to typically serve those with insurances or those who did not meet certain criteria.

With the addition of CCCBHC demonstration sites and SAMSA grant recipients, Michigan has been able to expand the service offerings to the entire community. This is regardless of insurance, regardless of severity, and regardless of location. CMH & SAS of SJC is one of 14 demonstration sites within the state. The demonstration site has been approved through at least FY 25, with the hopes that it will become a permanent feature in Michigan's Behavioral Health landscape.

In the first year we have seen a dramatic increase in the number of people who have been able to receive intakes at our location. In Fiscal Year 21 we had intakes that numbered in the mid to upper 800's. In Fiscal Year 22, we have seen over 2400+ intakes. With the restrictions removed from whom we could see, allowed us to be able to provide additional services to many more people within St. Joseph County.

Over the next year, we will be heavily marketing our new ability to serve our community in new and exciting ways.

The following table summarizes the Authority's assets, liabilities, and net position as of September 30, 2022, and 2021:

	2022	2021	Change	% Change
<b>Assets</b>				
Capital Assets	1,774,944	1,775,379	(435)	0.0
Other Assets	4,526,150	4,102,205	423,945	10.3
<b>Total Assets</b>	<b>6,301,094</b>	<b>5,877,584</b>	<b>423,510</b>	<b>7.2</b>
<b>Liabilities</b>				
Long-Term Liabilities	1,178,709	1,259,325	(80,616)	-6.4
Other Liabilities	2,311,981	2,518,350	(206,369)	-8.2
<b>Total Liabilities</b>	<b>3,490,690</b>	<b>3,777,675</b>	<b>(286,985)</b>	<b>-7.6</b>
<b>Net Position</b>				
Net Investment in Capital Assets	660,785	609,564	51,221	8.4
Unrestricted	2,149,619	1,490,345	659,274	44.2
<b>Total Net Position</b>	<b>2,810,404</b>	<b>2,099,909</b>	<b>710,495</b>	<b>33.8</b>

The notes provide additional information that is essential to a full understanding of the data provided in the financial statements. The accompanying notes are an integral part of the financial statements and must be reviewed in conjunction with the information reported on the financial statements to provide a full understanding of the Authority's financial condition.

The following table summarizes the Authority's revenues, expenses, and changes in net position for the years ended September 30, 2022, and 2021:

	2022	2021	Change	% Change
<b>Revenues</b>				
Medicaid	21,553,661	18,871,028	2,682,633	14%
State & Federal Grants	1,745,402	962,135	783,267	81%
County Appropriation	257,268	257,268	0	0%
Charges for Services	434,672	507,610	(72,938)	-14%
Other Revenue	43,468	41,440	2,028	5%
<b>Total Revenues</b>	<b>24,034,471</b>	<b>20,639,481</b>	<b>3,394,990</b>	<b>16%</b>
<b>Expenses</b>				
Mental Health Services	19,988,023	19,123,542	864,481	5%
Management and General	3,304,051	1,337,440	1,966,611	147%
Interest Expense	31,902	56,286	(24,384)	-43%
<b>Total Expenses</b>	<b>23,323,976</b>	<b>20,517,268</b>	<b>2,806,708</b>	<b>14%</b>
<b>Change in Net Position</b>	<b>710,495</b>	<b>122,213</b>	<b>588,282</b>	<b>481%</b>
<b>Net Position,</b>				
Beginning of Year	2,099,909	1,977,697	122,212	6%
<b>Net Position,</b>				
End of year	2,810,404	2,099,910	710,494	34%

# Access/Emergency Services

## PreScreen/Crisis Services

Provider	# of Prescreen/Crisis Contacts
Emergency Services	520
<b>Total</b>	<b>520</b>

## FY22 Intake Dispositions

Disposition	Count of Disposition
Eligible	1,142
Eligible but declined services	23
Not Eligible/Referred Elsewhere	51
<b>Total</b>	<b>1,216</b>

## Request for Services

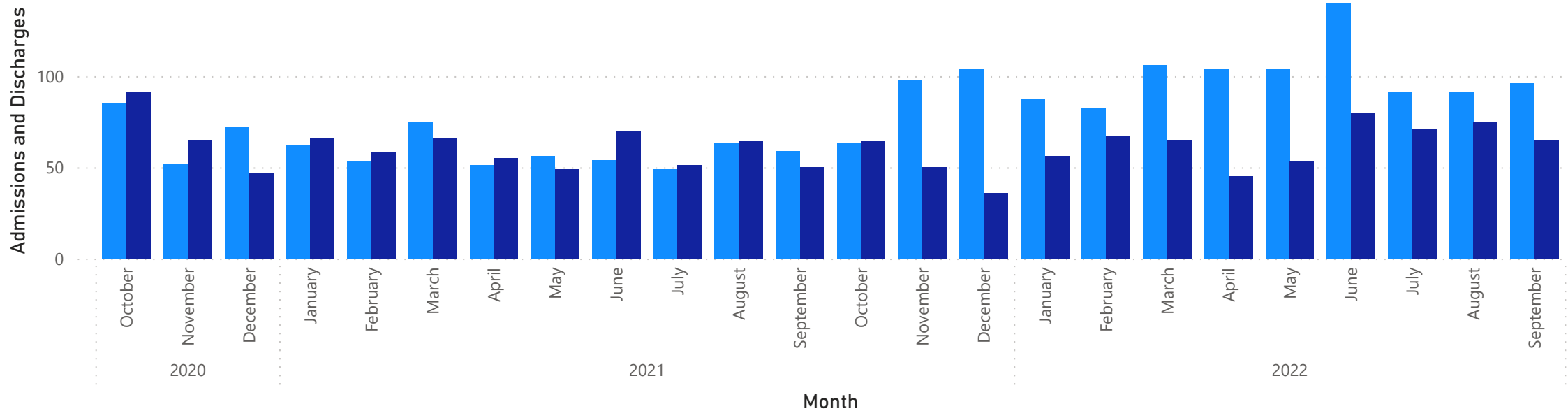
Routing	# of RFS
Call Discontinued	5
Info Only	100
Prescreen for Inpatient	2
Refer to Outside Agency	21
Referred for Intake Assessment	1,666
Referred to Payer for Assessment Authorization	1
<b>Total</b>	<b>1,795</b>

## Intake Appointments

REASON	# of Appointments	% of Grand Total
Appointment Kept	1,235	60.66%
Canceled by Client	273	13.41%
Canceled by Staff	75	3.68%
No Show	453	22.25%
<b>Total</b>	<b>2,036</b>	<b>100.00%</b>

## Primary Admissions and Discharges All Programs FY21 thru FY22

● Admissions ● Discharges



# Med Clinic / Psych Services

## Number of Consumers Served by Provider

Provider	# of Services	# of Consumers
Med Clinic	2,814	838
<b>Total</b>	<b>2,814</b>	<b>838</b>

### FY22 Consumers

838

### CCBHC Daily Visits

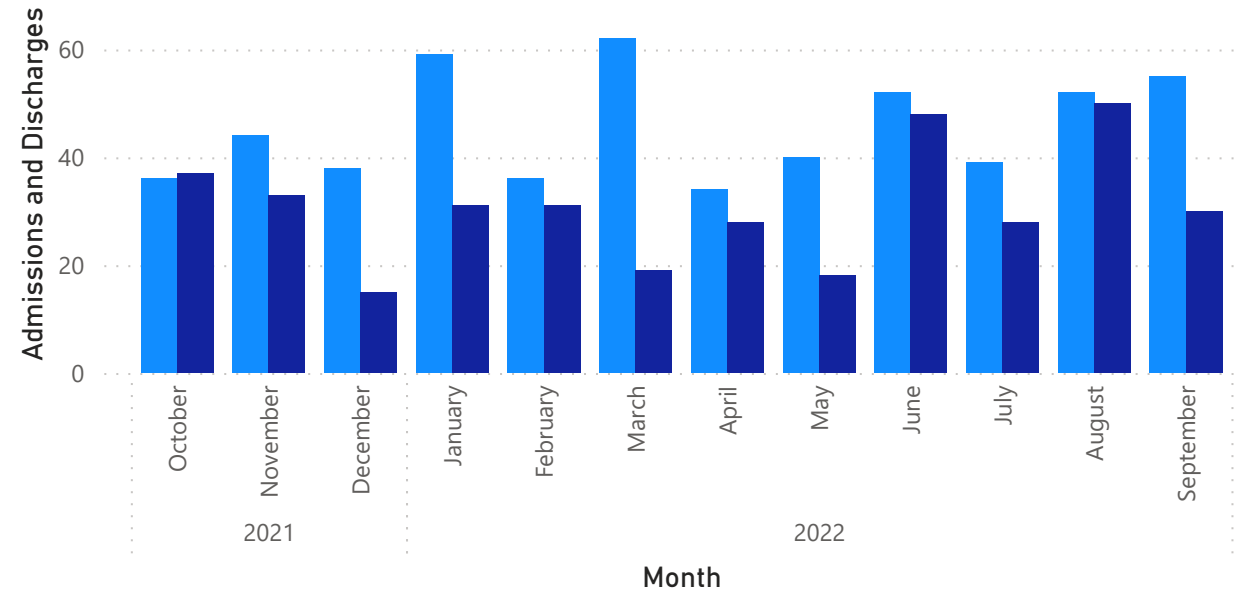
2,187

## Med Clinic Primary Admissions/Discharges

Year	Month	Admissions	Discharges	Net Assignments
2021	October	36	37	-1
2021	November	44	33	11
2021	December	38	15	23
2022	January	59	31	28
2022	February	36	31	5
2022	March	62	19	43
2022	April	34	28	6
2022	May	40	18	22
2022	June	52	48	4
2022	July	39	28	11
2022	August	52	50	2
2022	September	55	30	25
<b>Total</b>		<b>547</b>	<b>368</b>	<b>179</b>

## Admissions and Discharges by Year and Month

● Admissions ● Discharges



# Adults with Mental Illness

## Number of Consumers Served by Provider

Provider	# of Services	# of Consumers
Circle of Friends Clubhouse	7,480	64
MIA ACT	2,210	57
MIA Case Management	2,008	177
MIA Community Living Supports	31	2
MIA Outpatient	5,215	673
Peer Support	616	79
Supported Employment	464	53
<b>Total</b>	<b>18,024</b>	<b>873</b>

### FY22 Consumers

873

### CCBHC Daily Visits

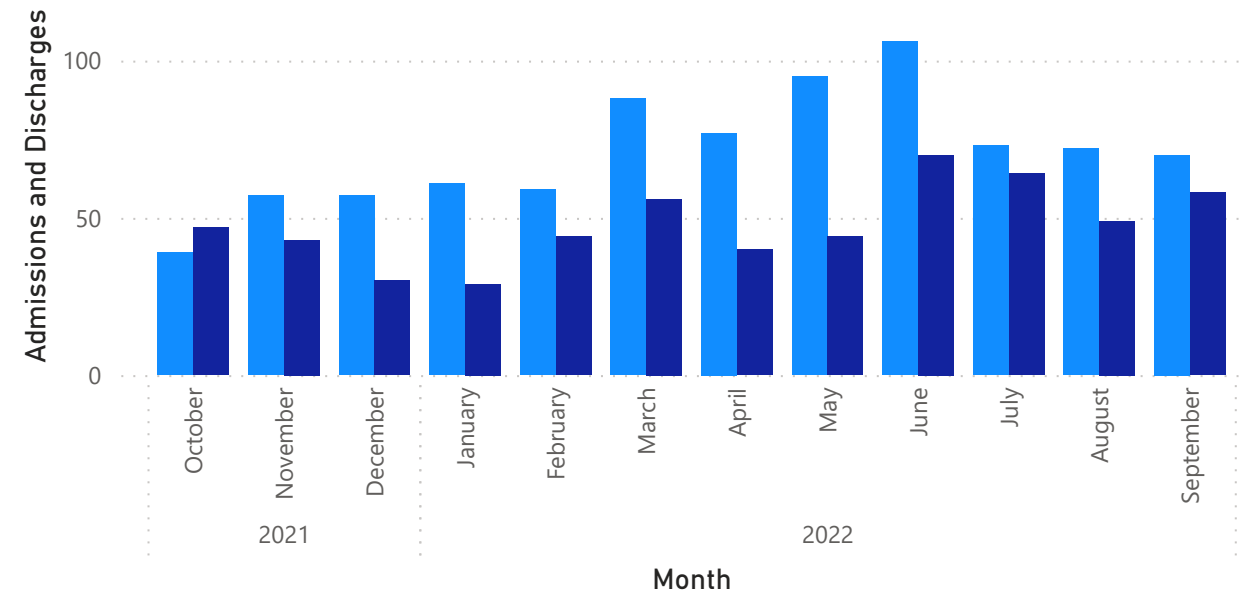
11,620

## MIA Admissions/Discharges

Year	Month	Admissions	Discharges	Net Assignments
2021	October	39	47	-8
2021	November	57	43	14
2021	December	57	30	27
2022	January	61	29	32
2022	February	59	44	15
2022	March	88	56	32
2022	April	77	40	37
2022	May	95	44	51
2022	June	106	70	36
2022	July	73	64	9
2022	August	72	49	23
2022	September	70	58	12
<b>Total</b>		<b>854</b>	<b>574</b>	<b>280</b>

## Admissions and Discharges by Year and Month

● Admissions ● Discharges





# Children with Severe Emotional Disturbance

## Number of Consumers Served by Provider

Provider	# of Services	# of Consumers
MIC Case Management	5,536	394
MIC Community Living Supports	260	30
MIC Home Based Services	343	13
MIC Outpatient	1,645	260
<b>Total</b>	<b>7,784</b>	<b>610</b>

### FY22 Consumers

610

### CCBHC Daily Visits

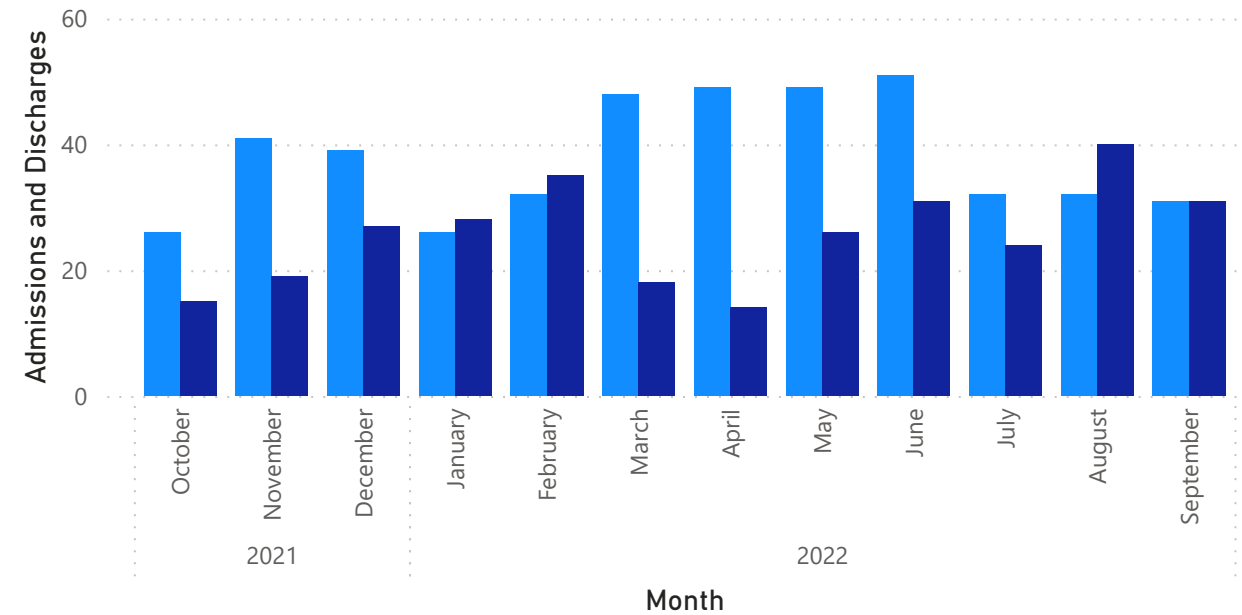
5,995

## MIC Admissions/Discharges

Year	Month	Admissions	Discharges	Net Assignments
2021	October	26	15	11
2021	November	41	19	22
2021	December	39	27	12
2022	January	26	28	-2
2022	February	32	35	-3
2022	March	48	18	30
2022	April	49	14	35
2022	May	49	26	23
2022	June	51	31	20
2022	July	32	24	8
2022	August	32	40	-8
2022	September	31	31	0
<b>Total</b>		<b>456</b>	<b>308</b>	<b>148</b>

## Admissions and Discharges by Year and Month

● Admissions ● Discharges



# Adults with Substance Abuse Disorders

## Number of Consumers Served by Provider

Provider	# of Services	# of Consumers
Substance Abuse	2,795	362
Substance Abuse Women's Specialty Services	718	44
SUD Case Management	33	9
<b>Total</b>	<b>3,546</b>	<b>369</b>

### FY22 Consumers

369

### CCBHC Daily Visits

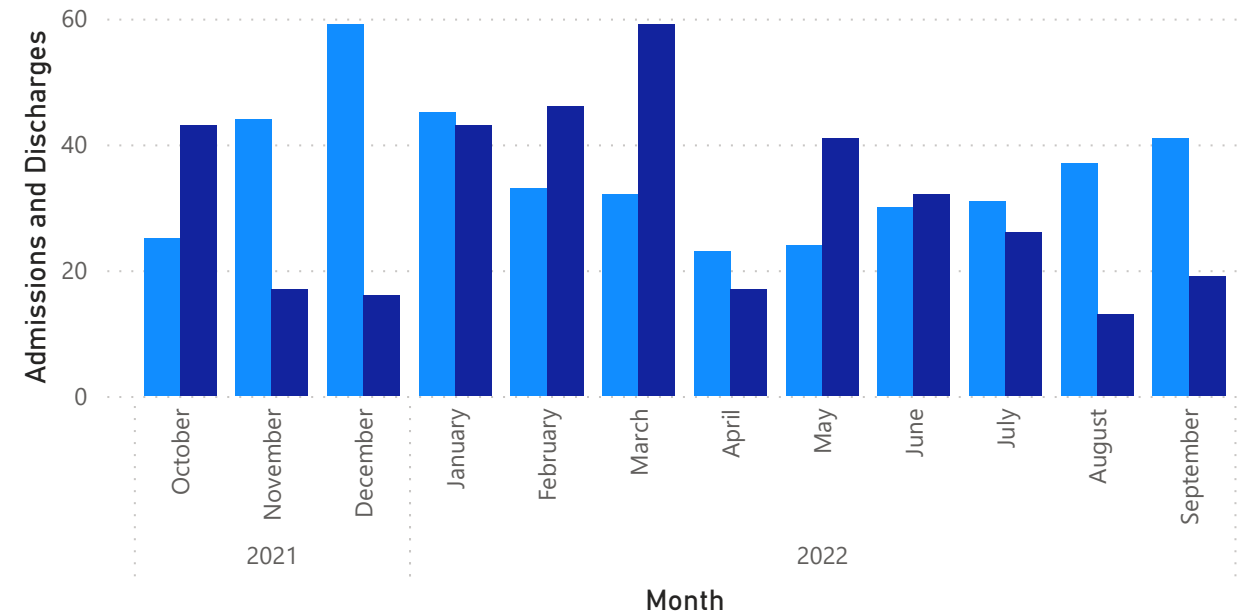
2,447

## SUD Admissions/Discharges

Year	Month	Admissions	Discharges	Net Assignments
2021	October	25	43	-18
2021	November	44	17	27
2021	December	59	16	43
2022	January	45	43	2
2022	February	33	46	-13
2022	March	32	59	-27
2022	April	23	17	6
2022	May	24	41	-17
2022	June	30	32	-2
2022	July	31	26	5
2022	August	37	13	24
2022	September	41	19	22
<b>Total</b>		<b>424</b>	<b>372</b>	<b>52</b>

## Admissions and Discharges by Year and Month

● Admissions ● Discharges



# Children with Severe Emotional Disturbance

## Number of Consumers Served by Provider

Provider	# of Services	# of Consumers
DD Outpatient	106	19
DD Targeted Case Management	3,269	221
<b>Total</b>	<b>3,375</b>	<b>221</b>

### FY22 Consumers

221

### CCBHC Daily Visits

1,631

## I/DD Admissions/Discharges

Year	Month	Admissions	Discharges	Net Assignments
2021	October	2	6	-4
2021	November	2	8	-6
2021	December	5	12	-7
2022	January	4	2	2
2022	February		5	-5
2022	March	3	4	-1
2022	April	3	8	-5
2022	May	8	5	3
2022	June	6	3	3
2022	July	3	5	-2
2022	August	4	1	3
2022	September	1	7	-6
<b>Total</b>		<b>41</b>	<b>66</b>	<b>-25</b>

## Admissions and Discharges by Year and Month

● Admissions ● Discharges

